ATHLETE REGISTRATION FORM

Special Olympics



State Special Olympics Program:				
Are you a new athlete to Special Olympics or Re-Registe	ring? New Athlete	Re-Registering		
ATHLETE INFORMATION				
First Name:	Middle Name:			
Last Name:	Preferred Name:			
Date of Birth (mm/dd/yyyy):	Female Ma	le		
Race/Ethnicity (Optional):				
American Indian/Alaskan Native Asian		Two or More Races		
Black or African American Native Hav	aiian or Other Pacific Islander			
White Hispanic or Latino (specific origin group:)				
Language(s) Spoken in Athlete's Home (Optional):CheEnglishSpanishOther (please list):	ck all that apply			
Street Address:				
City:	State:	Postal Code:		
Phone:	E-mail:	•		
Sports/Activities:				
Athlete Employer, if any (Optional):				
Does the athlete have the capacity to consent to medica				
PARENT / GUARDIAN INFORMATION (required if minor	or otherwise has a legal gua	irdian)		
Name:				
Relationship:				
Same Contact Info as Athlete				
Street Address:		1		
City:	State:	Postal Code:		
Phone:	E-mail:			
EMERGENCY CONTACT INFORMATION				
Same as Parent/Guardian				
Name:				
Phone:	Relationship:			
PHYSICIAN & INSURANCE INFORMATION				
Physician Name:				
Physician Phone:				
Insurance Company:	Insurance Policy Number:			
Insurance Group Number:				

Athlete Medical Form – HEALTH HISTORY

(To be <u>completed by the athlete or parent/guardian/caregiver and brought to exam)</u>



thlete First & Last Name: Preferred Name:					_
thlete Date of Birth (mm/dd/yyyy):			Fema	le Male	
TATE PROGRAM:	E	E-mail:			
ASSOCIATED CONDITIONS - Does the athlete have	(check any the	at apply):			
Autism	Down Syndr	ome	Fragile X Syndro	ome	
Cerebral Palsy	Fetal Alcoho	l Syndrome			
Other Syndrome, please specify:					
ALLERGIES & DIETARY RESTRICTIONS	ASSIST	J9 DEVICES - Does	the athlete use (check an	y that apply):	
No Known Allergies	Brac	e	Colostomy	Communica	ation Device
Latex	C-P/	AP Machine	Crutches or Walker	Dentures	
Medications:	Glas	ses or Contacts	G-Tube or J-Tube	Hearing Aid	
Insect Bites or Stings:		anted Device	Inhaler	Pacemaker	
Food:	Rem	ovable Prosthetics	Splint	Wheel Chai	r
List any special dietary needs:					
SPORTS PARTICIPATION					
List all Special Olympics sports the athlete wishe	s to play:				
Has a doctor ever limited the athlete's participation in sports? No Yes If yes, please describe:					
List all past surgeries:	GERIES, IN	FECTIONS, VACCIN	ES		
Does the athlete currently have any chronic or ac					
	ease describ				
Has the athlete ever had an abnormal Electrocard Yes, had abnormal EKG	liogram (EK	G) or Echocardiogra	am (ECNO)? If yes, describ	e date and results	S
Yes, had abnormal Echo Has the athlete had a Tetanus vaccine in the past	7	Na			
-	-				
EPIL Epilepsy or any type of seizure disorder	EPSY AND/ No	OR SEIZURE HISTO Yes	DRY		
	NO	res			
If yes, list seizure type:					
If yes, had seizure during the past year?	No	Yes			
	MENT	TAL HEALTH			
Self-injurious behavior during the past year	No	Yes Depression	(diagnosed)	No	Yes
Aggressive behavior during the past year	No	Yes Anxiety (dia	agnosed)	No	Yes
Describe any additional mental health concerns:		•			
	FAMI	LY HISTORY			
Has any relative died of a heart problem before ag	ge 50?	No	Yes		
Has any family member or relative died while exe	rcising?	No	Yes		
List all medical conditions that run in the athlete's family:	-				



Athlete's First and Last Name:_

HAS THE ATHLETE EVER BEEN DIAGNOSED WITH OR EXPERIENCED ANY OF THE FOLLOWING CONDITIONS								
Loss of Consciousness	No	Yes	High Blood Pressure	No	Yes	Stroke/TIA	No	Yes
Dizziness during or after exercise	No	Yes	High Cholesterol	No	Yes	Concussions	No	Yes
Headache during or after exercise	No	Yes	Vision Impairment	No	Yes	Asthma	No	Yes
Chest pain during or after exercise	No	Yes	Hearing Impairment	No	Yes	Diabetes	No	Yes
Shortness of breath during or after exercise	No	Yes	Enlarged Spleen	No	Yes	Hepatitis	No	Yes
Irregular, racing or skipped heart beats	No	Yes	Single Kidney	No	Yes	Urinary Discomfort	No	Yes
Congenital Heart Defect	No	Yes	Osteoporosis	No	Yes	Spina Bifida	No	Yes
Heart Attack	No	Yes	Osteopenia	No	Yes	Arthritis	No	Yes
Cardiomyopathy	No	Yes	Sickle Cell Disease	No	Yes	Heat Illness	No	Yes
Heart Valve Disease	No	Yes	Sickle Cell Trait	No	Yes	Broken Bones	No	Yes
Heart Murmur	No	Yes	Easy Bleeding	No	Yes	Dislocated Joints	No	Yes
Endocarditis No Yes If female athlete, list date of last menstrual period:								
Describe any past broken bones or dislocated joints (if yes is checked for either of those fields above):								

List any other ongoing or past medical conditions:

Neurological Symptoms for Spinal Cord Compression and Atlanto-axial Instability							
Difficulty controlling bowels or bladder	No	Yes	If yes, is this new or worse in the past 3 years?	No	Yes		
Numbness or tingling in legs, arms, hands or feet	No	Yes	If yes, is this new or worse in the past 3 years?	No	Yes		
Weakness in legs, arms, hands or feet	No	Yes	If yes, is this new or worse in the past 3 years?	No	Yes		
Burner, stinger, pinched nerve or pain in the neck, back, shoulders, arms, hands, buttocks, legs or feet	No	Yes	If yes, is this new or worse in the past 3 years?	No	Yes		
Head Tilt	No	Yes	If yes, is this new or worse in the past 3 years?	No	Yes		
Spasticity	No	Yes	If yes, is this new or worse in the past 3 years?	No	Yes		
Paralysis	No	Yes	If yes, is this new or worse in the past 3 years?	No	Yes		

PLEASE LIST ANY MEDICATION, VITAMINS OR DIETARY SUPPLEMENTS BELOW (includes inhalers, birth control or hormone therapy)								
Medication, Vitamin or	Dosage	Times	Medication, Vitamin or	Dosage	Times per	Medication, Vitamin or	Dosage	Times
Supplement Name		per Day	Supplement Name		Day	Supplement Name		per Day

Is the athlete able to administer his or her own medications? No

Yes

Phone

Athlete Medical Form – **PHYSICAL EXAM** (To be completed by a <u>Licensed Medical Professional</u> qualified to conduct exams & prescribe medications)



Athlete's First and Last Name:

MEDICAL PHYSICAL INFORMATION

(To be completed by a Licensed Medical Professional qualified to conduct physical exams and prescribe medications, Blood Pressure (in mmHg) Height Weight **BMI** (optional) Temperature Pulse O₂Sat Vision cm BMI С BP Right: BP Left: Right Vision kg 20/40 or better No Yes N/A in lbs Body Fat % Left Vision 20/40 or better No Yes N/A Right Hearing (Finger Rub) Responds No Response Can't Evaluate Bowel Sounds Yes No Can't Evaluate Left Hearing (Finger Rub) No Response Hepatomegaly No Yes Responds **Right Ear Canal** Clear Cerumen Foreign Body Splenomegaly No Yes Left Ear Canal Clear Cerumen Foreign Body Abdominal Tenderness No RUQ RLQ LUQ LLQ **Right Tympanic Membrane** Clear Perforation Infection NA Kidney Tenderness No Right Left Left Tympanic Membrane Clear Perforation Infection NA Right upper extremity reflex Normal Diminished Hyperreflexia Good Fair Poor Left upper extremity reflex Diminished Oral Hygiene Normal Hyperreflexia Right lower extremity reflex Thyroid Enlargement No Yes Normal Diminished Hyperreflexia Lymph Node Enlargement Left lower extremity reflex Normal Diminished Hyperreflexia No Yes Heart Murmur (supine) No 1/6 or 2/6 3/6 or greater Abnormal Gait No Yes, describe below Spasticity Heart Murmur (upright) No 1/6 or 2/6 3/6 or greater No Yes, describe below Heart Rhythm Regular Irregular Tremor No Yes, describe below Not clear Neck & Back Mobility Lungs Clear Full Not full, describe below No 1+ 2+ Upper Extremity Mobility Full Right Leg Edema 3+4+ Not full describe below Lower Extremity Mobility Left Leg Edema No 1+ 2+Full Not full, describe below 3+ 4 +Radial Pulse Symmetry Upper Extremity Strength Yes R>I L>R Full Not full, describe below Cyanosis No Yes. describe Lower Extremity Strength Full Not full, describe below Clubbing No Yes, describe oss of Sensitivity No Yes, describe below

SPINAL CORD COMPRESSION & ATLANTO-AXIAL INSTABILITY (AAI) (Select one)

Athlete shows <u>NO EVIDENCE</u> of neurological symptoms or physical findings associated with spinal cord compression or atlanto-axial instability. OR

Athlete has neurological symptoms or physical findings that could be associated with spinal cord compression or atlanto-axial instability and <u>must receive an additional neurological evaluation</u> to rule out additional risk of spinal cord injury prior to clearance for sports participation.

ATHLETE CLEARANCE TO PARTICIPATE (TO BE COMPLETED BY EXAMINER ONLY)

Licensed Medical Examiners: It is recommended that the examiner review items on the medical history with the athlete or their guardian, prior to performing the physical exam. If an athlete needs further medical evaluation please make a referral below and second physician for referral should complete page 4.

This athlete is ABLE to participate in Special Olympics sports without restrictions.

This athlete is ABLE to participate in Special Olympics sports WITH restrictions. Describe ->

This athlete MAY NOT participate in Special Olympics sports at this time & MUST be further evaluated by a physician for the following concerns:

Concerning Cardiac Exam	Acute Infection	O_2 Saturation Less than 90% on Room Air
Concerning Neurological Exam	Stage II Hypertension or Greater	Hepatomegaly or Splenomegaly
Other, please describe:		

Additional Licensed Examiner's Notes and Recommended (but not required) Follow-up:

Follow up with a cardiologist	Follow up with a neurologist	Follow up with a primary care physician
Follow up with a vision specialist	Follow up with a hearing specialist	Follow up with a dentist or dental hygienist
Follow up with a podiatrist	Follow up with a physical therapist	Follow up with a nutritionist
Other/Exam Notes:		

		Name:	
		E-mail:	
Signature of Licensed Medical Examiner	Exam Date	Phone:	License #:

Athlete Medical Form – **MEDICAL REFERRAL FORM** (To be completed by a <u>Licensed Medical Professional only if referral is needed</u>)



Athlete's First and Last Name:_

This page only needs to be the ath Athlete should bring t	nlete and indicat	tes further eva	aluation is req	uired.	
Examiner's Name:					
Specialty:					·····
I have been asked to perform an a Concerning Cardiac Exam	dditional athlete exa Acute Infec			n(s) - <i>Please desc</i> ation Less than 90	
Concerning Neurological Exa	m Stage II Hyp	ertension or Grea	ter Hepatom	egaly or Splenom	negaly
Other, please describe:					
In my professional opinion, t restrictions or limitations below):	his athlete MAY r	now participate	in Special Oly	npics sports (ir	ndicate
Yes Yes	, but with restrict	ions (list below)	No		
Additional Examiner Notes/Restric	tions:				
Examiner E-mail:					
Examiner Phone:					
License:					
Examiner's Signature				Date	
This section to be completed by Special Olympics staff only, if applicable.					
This medical exam was completed at a Me	dFest event?	Yes No			
The athlete is a Unified Partner or a Young	Athlete Participant?	Unified Partner	Young Athlete		

ATHLETE RELEASE FORM

Special Olympics



I agree to the following:

- 1. Ability to Participate. I am physically able to take part in Special Olympics activities.
- Likeness Release. I give permission to Special Olympics, Inc., Special Olympics games organizing committees, and Special Olympics accredited Programs (collectively "Special Olympics") to use my likeness, photo, video, name, voice, and words to promote Special Olympics and raise funds for Special Olympics.
- 3. **Risk of Concussion and Other Injury.** I know there is a risk of injury. I understand the risk of continuing to play sports with or after a concussion or other injury. I may have to get medical care if I have a suspected concussion or other injury. I also may have to wait 7 days or more and get permission from a doctor before I start playing sports again.
- 4. **Emergency Care.** If I am unable, or my guardian is unavailable, to consent or make medical decisions in an emergency, I authorize Special Olympics to seek medical care on my behalf, unless I mark one of these boxes:
 - □ I have a religious or other objection to receiving medical treatment. (Not common.)
 - □ I do not consent to blood transfusions. (Not common.)
 - (If either box is marked, an EMERGENCY MEDICAL CARE REFUSAL FORM must be completed.)
- 5. Overnight Stay. For some events, I may stay in a hotel or someone's home. If I have questions, I will ask.
- 6. **Health Programs.** If I take part in a health program, I consent to health activities, screenings, and treatment. This should not replace regular health care. I can say no to treatment or anything else at any time.
- 7. **Personal Information.** I understand that Special Olympics will be collecting my personal information as part of my participation, including my name, image, address, telephone number, health information, and other personally identifying and health related information I provide to Special Olympics ("personal information").
 - I agree and consent to Special Olympics:
 - using my personal information in order to: make sure I am eligible and can participate safely; run trainings and events; share competition results (including on the Web and in news media); provide health treatment if I participate in a health program; analyze data for the purposes of improving programming and identifying and responding to the needs of Special Olympics participants; perform computer operations, quality assurance, testing, and other related activities; and provide event-related services.
 - using my personal information and creating a profile of me for communications and marketing purposes, including direct digital marketing through email, SMS, social media, and other channels.
 - sharing my personal information with (i) researchers, business partners, public health agencies, and other organizations that are studying intellectual disabilities and the impact of Special Olympics activities, (ii) medical professionals in an emergency, and (iii) government authorities for the purpose of assisting me with any visas required for international travel to Special Olympics events and for any other purpose necessary to protect public safety, respond to government requests, and report information as required by law.
 - I understand Special Olympics is a global organization with headquarters in the United States of America. I acknowledge that my personal information may be stored and processed in countries outside my country of residence, including the United States. Such countries may not have the same level of personal data protection as my country of residence, and I agree that the laws of the United States will govern your processing of my personal information as provided in this consent.
 - I have the right to ask to see my personal information or to be informed about the personal information that is processed about me.
 I have the right to ask to correct and delete my personal information, and to restrict the processing of my personal information if it is inconsistent with this consent.
 - Sharing of Personal Information. Personal information may be shared consistent with this form and as further explained in the Special Olympics privacy policy at www.SpecialOlympics.org/Privacy_Policy.aspx.

Athlete Name:	E-mail:				
ATHLETE SIGNATURE (required for adult athlete with capacity to sign legal documents)					
I have read and understand this form. If I have questions, I will ask. By signing, I agree to this form.					
Athlete Signature:	Date:				
PARENT/GUARDIAN SIGNATURE (required for athlete who is a minor	r lacks capacity to sign leg	gal documents)			
I am a parent or guardian of the athlete. I have read and understand this form and have explained the contents to the athlete as appropriate. By signing, I agree to this form on my own behalf and on behalf of the athlete.					
arent/Guardian Signature: Date:					
Printed Name:	Relationship:				



CODE OF CONDUCT ATHLETE

Special Olympics is committed to the highest ideals of sport and expects all athletes to honor sport and Special Olympics and are required to abide by the following Code of Conduct:

Respect for Others

- I will practice good sportsmanship.
- I will act in ways that bring respect to me, my coaches, my team and Special Olympics.
- I will be safe and courteous to others.

Positive Training and Competition Behaviors

- I will regularly attend training for my sport.
- I will be on time for any training or competition.
- I will learn and follow the rules of my sport.
- I will listen and follow the instructions of my coaches and the officials and ask questions when I do not understand.
- I will always try my best during training and at competitions.
- I will not "hold back" in preliminary competition just to get into an easier final competition division.
- I will fully participate as a member of my Team including traveling and staying with overnight with my Team.

Taking Responsibility For My Actions

- I will obey all laws and Special Olympics rules
- I will only smoke in designated areas and not while participating in a Special Olympics training or competition.
- I will not drink alcohol or use illegal drugs at Special Olympics events.
- I will not use bad language or insult other athletes, coaches, volunteers or staff.
- I will not fight with other athletes, coaches, volunteers or staff.
- I will not make inappropriate or unwanted sexual advances to others.
- I will follow the Special Olympics policy that says athletes cannot date volunteers.

I understand that if I do not obey this Code of Conduct, I will be subject to a range of consequences by Special Olympics up to and including not being allowed to participate.

Print Name of Athlete or Parent/Guardian Date

Signature of Athlete or Parent/Guardian Date

WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNIFICATION AGREEMENT FOR COMMUNICABLE DISEASES ("Agreement") for SPECIAL OLYMPICS

In consideration of being allowed to participate in any way in Special Olympics sports training, competition or fundraising activities, the undersigned acknowledges, appreciates, and agrees that:

- 1. Participation includes possible exposure to and illness from infectious and/or communicable diseases including but not limited to MRSA, influenza, and COVID-19. While particular rules and personal discipline may reduce this risk, the risk of serious illness and death does exist; and,
- 2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
- 3. I willingly agree to comply with the stated and customary terms and conditions for participation as regards protection against infectious diseases. If, however, I observe and any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
- 4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS Special Olympics, Inc, Special Olympics Southern California their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("RELEASEES"), WITH RESPECT TO ANY AND ALL ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IF FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Name of Participant:

Participant Signature:_____

Date signed: _____

FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION)

This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against communicable diseases. Furthermore, my child/ward understands and accepts these risks and responsibilities. I for myself, my spouse, and child/ward do consent and agree to his/her release provided above for all the Releasees and myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees for any and all liabilities incident to my minor child's/ward's presence or participation in these activities as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent provided by law.

Name of parent/guardian:

Parent gu	uardian/signa	ature:	

Date signed: _____